



# St Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 18th August 2024 – Trinity 12 Proper 15

### Parish Eucharist 10.00

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**Welcomers:** Velma Davis, Rosalind Tatam  
**Servers:** Lisa Markham, Rob Markham, Jenny Scotchmer  
**Chalice:** Eira Endersbee, Jenny Scotchmer  
**Lessons:** Phil Hallsworth  
**Prayers:** Heather Gwynn  
**Leader:** Mick Scotchmer  
**Preacher:** Mick Scotchmer  
**Celebrant:** Mick Scotchmer  
**Music:** Bill Gloyn

**Hymns:**  
66 Be thou my vision  
692 Tell out my soul  
166 Faithful shepherd feed me  
183 Fill your hearts with joy and gladness  
425 Let all the world in every corner sing

**“Miners use canaries to warn of deadly gases. It might not be a bad idea if we took heed of the dead birds in our countryside”**  
Lord Shackleton



<b>This week</b>  →	Wednesday	21st Aug	<b>No Pastoral and Outreach</b>
	Friday	23rd Aug	10.00 Eucharist
	Sunday	25th Aug	10.00 Parish Eucharist

### **Collect**

Almighty and everlasting God,  
you are always more ready to hear than we to pray  
and to give more than either we desire or  
deserve:  
pour down upon us the abundance of your  
mercy,  
forgiving us those things of which our conscience is  
afraid  
and giving us those good things  
which we are not worthy to ask  
but through the merits and mediation  
of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

God of all mercy,  
in this eucharist you have set aside our sins  
and given us your healing:  
grant that we who are made whole in Christ  
may bring that healing to this broken world,  
in the name of Jesus Christ our Lord.

### **Old Testament Reading**

### ***Proverbs 9.1-6***

- <sup>1</sup>Wisdom has built her house,  
she has hewn her seven pillars.  
<sup>2</sup>She has slaughtered her animals, she has mixed her wine,  
she has also set her table.  
<sup>3</sup>She has sent out her servant-girls, she calls  
from the highest places in the town,  
<sup>4</sup>'You that are simple, turn in here!'  
To those without sense she says,  
<sup>5</sup>'Come, eat of my bread  
and drink of the wine I have mixed.  
<sup>6</sup>Lay aside immaturity, and live,  
and walk in the way of insight.'

This is the word of the Lord.

All Thanks be to God.

### **New Testament Reading**

### ***Ephesians 5.15-20***

Brothers and sisters, <sup>15</sup>be careful then how you live, not as unwise people  
but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do

not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the word of the Lord.

All Thanks be to God.

## **Gospel**

***John 6.51-58***

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

Jesus said to the Jews: <sup>51</sup>'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

<sup>52</sup>The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup>So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

<sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

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We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



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please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

**Ukraine and Eat or Heat** - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

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**African - Caribbean Evening Saturday 7th September 6-10pm**

Thank you to all who have already reserved a place. Tickets are still available, but book soon to be sure of a place. Ticket prices are : Adults £15, Children aged 6-11 £8, 5s and under, Free. Ticket includes food and a drink, plus the evening's entertainment. Payment can be made to Heather, please. If you would like to help contribute to the food for the evening, please speak to Claire or Bridget. We also need 5 or 6 people to help dish up the food on the evening: again, if you can help with this, please speak to Claire or Bridget. Thank you.

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**PCC Vacancy** - Following the loss of Alan Pearson there is a vacancy on the PCC. If you are interested in joining the PCC or would like more information on what this would involve please speak to Mick or one of the Churchwardens.

### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for August:** 1st Margaret Halford, 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*